

File No. AAU/RG-1.11(51)part-X/2025-26/13227

dtd. 03/01/2026

To

The Commissioner & Secretary to the Govt. of Assam,
Agriculture Department & APC, Assam.
Dispur, Guwahati-6

Sub: Status of implementation of the Hon'ble Supreme Court guidelines and the Actions taken on the directions issued to the states and union territories - reg.

Ref: Letter No. ECF 735968/12 dtd. 17/12/2025.

Madam,

With reference to the subject cited above, I am directed to forward herewith the actions taken regarding the implementations of the Hon'ble Supreme Court guidelines as given below:

- i. The University does have guidelines regarding the mental health and the well-being of the students and employees. (enclosed as Annexure - I)
- ii. AAU has nominated 2 (two) faculties as Councilors and were trained for the said purpose. The Councilors have obtained diploma in Basic Counseling certified by the Indian Council for Professional Education Mission. They are 1. Dr. Tulika Borah, Associate Professor, (NCAHP-ID no 99-8127-0214-4245) and 2. Ms. Bina Pani Deka, Assistant Professor, Department of Human Development and Family Studies, College of Community Science, AAU.
- iii. As per the Regulations on Academic Matters (As Amended up to date) of Assam Agricultural University, 2025 for undergraduate degree program Clause no. 2.06, all the Deans /Associate Deans of the constituent colleges of the university are given the responsibilities for organizing the counseling system and its proper functioning. At the beginning of the academic sessions, the Dean/Associate Deans prepare the lists of Students' Counselors from amongst the teachers and place under them for entire degree program for the specific batches in which a group of 5 to 10 students are assigned to a mentor for the counseling purposes both in academic and non-academic matters.
- iv. Assam Agricultural University refrains from engaging in batch segregation based on academic performance, public shaming or assignment of academic targets disproportionate to students' capacities. However, for the larger students intake, they are randomly divided in different sections.
- v. AAU has already constituted Vigilance cum Anti ragging committee in 2022, disciplinary committee in 2008, Internal Complaints Committee, Grievance Redressal Cell, Cell

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against Sexual Harassment etc. Hoardings with helpline numbers in these aspects are also displayed in public places and common areas, hostels, academic complexes.

- vi. Sensitization programmes on psychological first aid are conducted regularly by in house councilors and also by inviting renowned mental health professionals like Dr Jayanta Das, Psychiatrist from Guwahati.
- vii. Training programs for all teaching and non – teaching staff from time to time, which includes stress management and mental well-being, are being organized. As a part of this, AAU has adopted its own HRD policy for imparting in house training sessions for both Teaching and Non-teaching employees in recent times on stress management, work life balance, ethics and values etc. On the other hand, no form of marginalization is prevalent among the student communities as well as any stakeholders of the university.
- viii. A committee for prevention of sexual harassment has already been constituted and drop boxes in all the establishments are also installed for complaints.
- ix. Counselling programs are conducted during orientation for both newly admitted students and their parents / guardians and during starting of the new semesters.
- x. Group counselling session were provided to 158 students so far under 'Aashwash'- a lifetime wellness center of the department of HDFS, College of Community Science, AAU which has started rendering its services from July 2023 across all the colleges in the university after getting its the approval from the 246th Academic council, AAU.
- xi. While, as per the * syllabus recommended by the 6th Dean's Committee, 'Deeksharambh' course (a student's induction programme) is offered for a period of 2 (two) weeks ,wherein various personality development activities are conducted to help new students adjust to the new environment and inculcate the institutional culture and values. Moreover, students of the university get the opportunity to engage indifferent co-curricular activities during annual college meets, inter college meets and other sports, Yoga and cultural meets.
- xii. The university has adopted and implemented NEP 2020, which advocates for liberal and students-friendly education policy which is also in consonance with the 6th Deans committee. Common courses like PEd (Physical Education), Personality Development & Communication Management, NSS, NCC helps students in self-management and resilience building. There are also various policies for structured career counseling services like:-
 - Training and Placement Cell under the Directorate of Student Welfare.
 - Counselling Activities as per the MOU signed with Study Falcon (a career counselling institute)
 - NEATE Hub – an incubation center for providing adequate ecosystem for the budding entrepreneurs including the students.

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- In house Research & Development Grant for the students of the university.
 - Policy for In-situ income during student life (Earn while Learn).
 - IDEA Programme for the PG students.
 - Psychometric test for entrepreneurial aptitude.
- xiii. The University Campus has already been declared as drugs free area and no tobacco zone. Stringent measures are taken against bullying, drugs and other harmful substances, thereby ensuring a safe and healthy living and learning environments for all students. Fortunately, no such incidents has been witnessed till date.
- xiv. All the Institutional heads, Chief Warden / Wardens are instructed to visit the Campuses / Hostels on regular basis to ensure safety of the students and no incident of self- harm has taken place till now.
- xv. Not related to AAU.

This is in favor of your kind information and necessary action.

Yours faithfully



Registrar

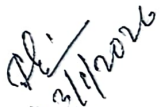
Assam Agricultural University

Jorhat – 13

File No. AAU/RG-1.11(51)part-X/2025-26/ 13228-230
Copy for information and necessary action to:

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1. The Secretary to the Hon'ble Vice Chancellor, AAU, Jorhat.
2. The Additional Secretary to the Govt of Assam, Higher Education Department, Dispur, Guwahati-6
3. Office Copy.



Registrar

Assam Agricultural University

Jorhat – 13

**OFFICE OF THE REGISTRAR :: ASSAM AGRICULTURAL UNIVERSITY ::
JORHAT - 785 013.**

No. AAU/RG/ACAD-246(AT)/2023-24/ 6254 Dated 18/09/2023

NOTIFICATION

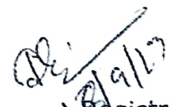
It is notified for information of all concerned that the 246th meeting of the Academic Council held on July 18, 2023, has approved the guidelines for group counseling of the students of AAU. (Guidelines enclosed: **Annexure I**)

Sd/- Registrar
Assam Agricultural University
Jorhat - 785 013

No. AAU/RG/ACAD-246(AT)/2023-24/ 6255 - 71 Dated 18/09 /2023

Copy forwarded for information and necessary action to:

1. The Secretary to the Hon'ble Vice Chancellor, AAU, Jorhat.
2. The Dean, Faculty of Agriculture/Community Science/Veterinary Science/ Fisheries Science, AAU, Jorhat/Khanapara/Raha.
3. The Director of Post Graduate Studies, AAU, Jorhat.
4. The Director of Research (Agri./Vety.), AAU, Jorhat/Khanapara.
5. The Director of Extension Education, AAU, Jorhat.
6. The Associate Dean, BNCA, Biswanath Chariali/SCSCA, Dhubri/Lakhimpur College of Veterinary Science, North Lakhimpur/ College of Horticulture & FSR, Nalbari.
7. The Joint Registrar (Academic), AAU, Jorhat/Khanapara.


Registrar
Assam Agricultural University
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Guidelines for Group Counseling of Students of AAU.

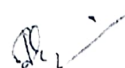
Counseling is an essential service for students as it has positive effect on socio-emotional development, mental wellbeing, academic and career development. Counseling can help students to incorporate valuable lessons in their daily life. Counseling sessions are a gradual process to mould and redirect students for a brighter future. Group counseling provides an opportunity to the members to interact freely with other group members, to learn that others have similar kind of difficulties, thoughts, and emotions. This can help students to shift focus from considering themselves as defective or looser to self acceptance, live lives fully and richly as one can.

The objectives of the group counseling for students are to –

- Reduce social isolation and negative emotions
- Help in problem solving and decision making
- Develop self awareness and sense of belongingness

Guidelines for group counseling

1. A roster for group counselling for different colleges will be prepared and shared in the beginning of each semester. Concerned colleges should give intimation of acceptance/reschedule of counselling sessions in advance (at least 15 days ahead).
2. The number of students in a group should not be more than forty (40). Various groups of 40 students can be made to accommodate students.
3. Only two numbers of counselling sessions can be conducted per day.
4. Group counseling can also be conducted in on-line mode (if desired) for smaller groups (group of 20 or less students).



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5. The students should be willing to participate and 'informed consent' from the participants should be taken prior to participation.
6. Individual counselling cannot be provided during group counselling sessions.
7. Screening and Assessment of behavioural problems can be conducted with extra charge and extra time.
8. In case, a client needs special diagnosis and treatment, the counsellors will refer such cases to psychiatrist.
9. Counselling fees, TA, DA and halting expenditures of the counsellors will be borne by the respective colleges.
10. A mentor should be provided from the respective college for follow up actions.

